

Personal Training Letter of Agreement

This agreement made and entered into this Day of,
200....., by and between (Client) and
..... (Trainer).

In consideration of the mutual promises exchanged herein and other good and valuable consideration, the parties agree as follows:

1. Client and trainer have agreed that Trainer will conduct one-hour workout sessions. Each session will begin at a mutually convenient, agreed-upon time and shall be subject to the policies attached as 'Exhibit A'
2. Client will pay trainer, in advance, the sum of £..... for these workout Sessions. Client acknowledges and agrees that no credit or refund shall be due for sessions cancelled by client, except as provided in the polices attached in 'Exhibit A'
3. Concurrently with the execution of this agreement , client has executed and delivered to trainer a Waiver and Assumption of Risk Agreement and a Waiver for home Workouts Agreement (if applicable) (these agreements herein collectively referred to as the 'Waiver Agreements'), in which client assumes the risk of participating in an exercise programme and agrees that trainer shall have no liability for any injury, illness, or similar difficulty that client may suffer arising out of or connected with clients participation in trainers programme. Client hereby acknowledges and agrees that the execution and delivery of the Waiver Agreements are material inducements to trainers permitting client to participate in trainers programme and agrees to be bound by same.
4. Client and trainer may agree to conduct additional sessions at such times and locations as they agree upon, and in such event (i) the provisions of this agreement, including the policies attached hereto as 'Exhibit A', shall be deemed to apply to such additional sessions and (ii) client will pay trainer, in advance, the sum of £..... . Client acknowledges and agrees that no credit or refund shall be due for sessions cancelled by client, except as provided in the policies attached in 'Exhibit A'

IN WITNESS THEREOF; Date;

By; (Trainer)
..... (Trainer print name)

By; (Client)
.....(Client print name)

Independent. Qualified. Professional.